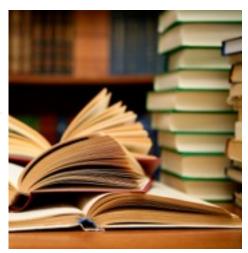# STUDY TIPS
for the **High School** and **College** Student

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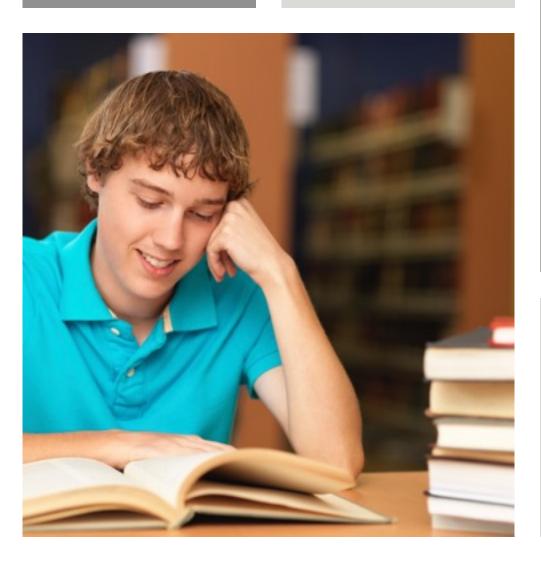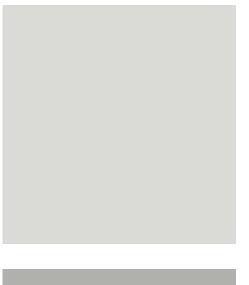# Determine **YOUR** Learning Style

One of the most important things that one can do during high school and college in order to get good grades and succeed is to have effective study habits. While students are given loads of homework and tested on everything and anything, they are not always taught exactly how to go about studying. They are also not given much information on what would help them make their study sessions more effective. But having these important study skills can make a huge difference!

Study Importance

Rather than struggle through high school and college, one way to help a student succeed is to give them the tools they need to do so. Having good study habits is one of the most effective ways to succeed in school. Effective studying goes far beyond just opening a book and reading the pages. If it were that simple, everyone would be great at it!

STAY FOCUSED

Here are some tips for getting the most out of your studying sessions:

Determine your learning style and use it to your advantage when it comes to studying. There are some basic ways that people learn such as by listening, reading, teaching, and through hands-on experiences. Once you know that, you can use it to create study habits for yourself that will help you learn the information effectively. For example, if you are an auditory learner, then you can read the information aloud, or record and play it back. If you learn best from writing, you can create yourself some writing assignments that get you to explain the information through writing it down.

Where you choose to study makes a difference, believe it or not. You need a place that is going to be free from lots of distractions, so you can actually concentrate on what you are trying to learn. Aim for having a specific study place that works for you, and that you know you can go to each time you need to get down to business.

Spend some time reading about how you can improve concentration and increase your memory. There is a lot of information available about this online just by doing a quick search. You never know what you may learn that can help you improve what your memory retains while putting in your hours of studying.

Make sure that you make the time to study. High school and college students are busy, but fitting in time to study is imperative to academic success. So if you have to put it on your calendar, do so. Whatever you do, make it a priority in your schedule!

Don't be afraid to get assistance if you are struggling. You can get information and advice on being helped with learning concepts by speaking with your teacher, professor, counselor, or even finding a tutor on the subject.

To be effective at studying, it is important to be a good note taker during class. Try to avoid day dreaming so that you pay attention and get the information. Rather than writing everything down that is said, focus just on the main facts. Otherwise, you may miss those as you are writing down the lesser details.

If you miss a class, ask around to get the missed notes from a classmate. It is usually pretty easy to get someone to let you borrow them. You can either take down the pertinent facts or make a copy of them with a copier.

When reviewing your textbook, avoid reading every line and word. Instead, focus on the facts, or those things that are bulleted. They are usually the most important items that need to be remembered.

If you find you are having difficulty studying, try taking a couple of minutes to meditate. This will get your mind focused and ready for studying. Alternatively, you can get up and do some exercises or take a brisk walk.

Staying Focused
It takes a lot of studying to successfully get through the academics of high school and college. But using these tips to make your studying more effective will go a long way toward helping you soar through. By staying focused and making studying a priority, you will greatly increase your chances of success!

Effective studying is a skill that takes time. You need to find out what works for you and what increases your chances of success. But once you have that down, you can put it into practice each time and achieve the results you need to succeed.

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